



# Cook Advanced

## Badge Worksheet for \_\_\_\_\_

Full details of how to earn this badge can be found on page 23 of the Brownie Badge Book

**1a.** Four things I know about handling kitchen utensils safely:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**1b.** Four other ways to be safe in the kitchen are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**1c.** Four things I know about food hygiene and storage:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**2.** I made this two-course meal: \_\_\_\_\_

Signed \_\_\_\_\_ (supervising adult)

**3.** I made a **POSTER** **RECIPE BOOK**

(Draw a circle the around one you made, and don't forget to bring it with you to show the tester.)



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**4.** I did these two things in the kitchen:

1. \_\_\_\_\_

2. \_\_\_\_\_

Signed \_\_\_\_\_ (supervising adult)

**5a.** This is what I did for Clause 5:

e.g. "I helped out at a barbecue with my family. My uncle showed me how to put the burgers on the grill safely. We had to watch them carefully so that they didn't burn.."

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**5b.** And this is how it went:

e.g. "Everyone really liked the burgers. I made sure they were cooked well, so that they didn't make anyone sick. My uncle said I can help him again next time."

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Signed \_\_\_\_\_ (supervising adult)